

SHANNON BARNES

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"Growth" Acrylic on Canvas, 30"x40"



Natural Freedom

By Sandra Leiva

Shannon Barnes is a renowned American artist who creates abstract and impressionist art depicting the beauty of the natural world. Barnes uses acrylic and oils on canvas mediums to create masterful compositions that tell a story with layered and blended paints that take organic forms.

As a professional psychotherapist, Barnes knows the importance of nature in calming the human mind; the human brain is coded to appreciate nature. Following this line of thought, most of Barnes' paintings portray scenes such as clouds, landscapes, deserts, and falls; with a glimpse, the viewer can enjoy a long nature walk through deserts, wetlands, and forests, capturing the most amazing moments outside city life.

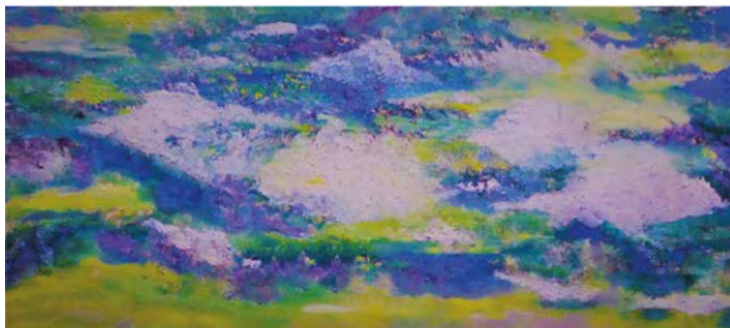


"Calm Waterfall" Oil on Canvas 36"x48"

A common trend in Barnes' paintings is using light, bright colors, and contrasts to catch and guide the viewer's eye through the canvas. Barnes's creative use of colors to light up her paintings allows her to match them together into unique pieces. In addition, she has an uncanny ability to capture atmospheric changes with vibrant yet soothing scenes.

According to the artist, painting has given her a new type of freedom, "freedom that I have not experienced in my other profession: freedom, hope, encouragement, beauty."

By capturing the universe from a peaceful and nature-loving perspective, Shannon Barnes helps us appreciate the world where we live and brings environmental awareness so much needed for the preservation of our planet.



"Dancing Clouds" Oil on Canvas 18"x36"